













Woody's Cafe

11/17 – 11/21 **Week 4**

	Monday	Tuesday	Wednesday	Thursday	Friday
	Turkey & Grilled Pineapple Sandwich	Blackened Chicken Sandwich	Chicken Caesar Pita Wrap	BUFFALO BISTRO CHICKEN WRAP	Harissa Chicken Flatbread Wrap
	South West Flank Steak	Curried Lamb	CHICKEN PARMESAN, PREMIUM	BAKED CHICKEN WITH APRICOT SAUCE	CURRY LIME SEAFOOD STIR-FRY
	Chicken Peanut Salad	Chicken Peanut Salad	Chicken Peanut Salad	Chicken Peanut Salad	Chicken Peanut Salad
	Grilled Reuben	Grilled Reuben	Grilled Reuben	Grilled Reuben	Grilled Reuben
	Italian Wedding Soup	Italian Wedding Soup	Italian Wedding Soup	Italian Wedding Soup	Italian Wedding Soup
	Chili Con Carne	Chili Con Carne	Chili Con Carne	Chili Con Carne	Chili Con Carne
	Vegetable Minestrone	Vegetable Barley Soup	Minestrone	Broccoli Cheese Soup	Tuscan Vegetable Soup
	Parmesan Grilled Potatoes	Roasted Yukon Potatoes	Greek Pilaf Rice	Buttermilk Mashed Potato	CANDIED SWEET POTATOES (CANNED)

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	Monday	Tuesday	Wednesday	Thursday	Friday
	<i>Wild Rice Blend</i>	<i>Jasmine Rice</i>	<i>Yukon Smashed Potatoes</i>	<i>Cilantro and Brown Rice</i>	<i>WILD RICE WITH GARDEN VEGETABLES</i>
	<i>Roasted Vegetables - Italian</i>	<i>Corn Pudding</i>	<i>Sesame Lemon Green Beans</i>	<i>Broccoli with Cherry Tomatoes</i>	<i>Cumin Roasted Green Beans</i>
	<i>GREEN BEANS WITH DILL</i>	<i>Snow Peas & Mushrooms</i>	<i>Asian Vegetables</i>	<i>Spicy Tabasco Greens</i>	<i>Easy-steamed Veggies</i>
	<i>Risotto with Grilled Vegetables</i>	<i>Veggie Strata</i>	<i>Basil-Pasta Sauté</i>	<i>Lentil Stuffed Vegetarian Peppers</i>	<i>Sweet Asparagus Quiche</i>